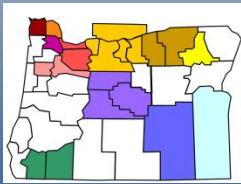


**MISSION STATEMENT:**

*“Working Together to Reduce Unintentional Preventable Injury and Death in Oregon’s Children Ages 0 – 14.”*



# Safe Kids Oregon

## News From Around the State

### Inside

**Coordinator Focus** .....P. 2

**Upcoming Opportunities** ...P. 2

**SK Partner Appreciation** .....P. 2

**Donating to a Good Cause**.....P. 3

**Carbon Monoxide Safety**.....P. 3

**2011 SK USA Conference**.....P. 4

**Calendar of Events** ..... P. 4

### Coalition Updates

Congratulations to Don Porth, former chair of **Safe Kids Portland Metro**. He was relaxed and happy at the July 12<sup>th</sup> meeting to celebrate his retirement from the Portland Fire Bureau.

Although he is retiring, Don will continue to participate in Safe Kids and running his own safety business, PreventThink. Thank you, Don, for your years and years of service to Safe Kids! To learn more about PreventThink, contact Don at: [Don@PreventThink.com](mailto:Don@PreventThink.com) or 503-805-8482.



(From left to right) Virginia Chapman, Stephanie Mill, Tonya Drayden, Joe Burchyski, Gayle Watts, Alice Busch, Don Porth, Lucie Drum, Adrienne Greene, Joanne Hatch & Doreen Rivera celebrating Don’s retirement.



### VISION

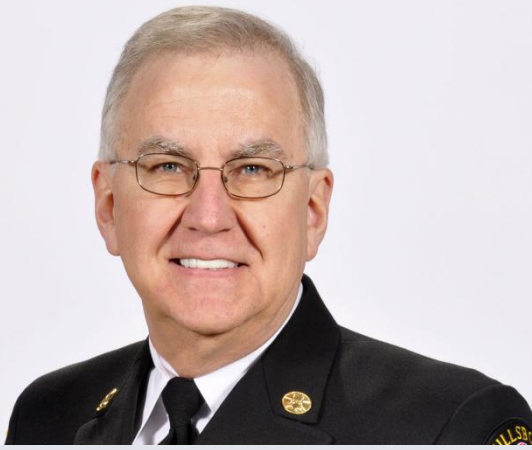
*“Injury Prevention as Every Oregonian’s Approach to Life.”*



Earleen Riemann & Brenda Tevis fitting bicycle helmets at the Beaverton Farmers’ Market.

Oregon has a new coalition! Congratulations to **Safe Kids Washington County**. Coalition coordinator is Storm Smith and the lead agency is Hillsboro Fire Department.

Safe Kids Washington County participated at a Health & Wellness Day on September 17<sup>th</sup> at the Beaverton Farmers’ Market. At the event, bicycle helmets were fitted and new ones were sold at reduced cost. Big thanks went to Ginger Rapport, manager at the Beaverton Farmers’ Market, for donating an additional \$300 worth of new bicycle helmets to Safe Kids Washington County, which were later distributed by the coalition to low-income kids in need.



**This Month's SK Coordinator Focus**  
**Safe Kids Washington County –**  
**Storm Smith**

Greetings from Washington County, Oregon. Our Safe Kids group has been meeting for years and has just recently become its own Coalition. We have a dedicated group of about 18 members from law enforcement, ambulance and fire departments, along with some corporate members and citizens-at-large. I have a wonderful co-chair, Doreen Rivera of the Washington County Sheriff's Office, who works with me to help guide our enthusiastic Safe Kids volunteers.

Our focus areas are on supporting existing child safety seat inspection events, window fall safety, teaching fire escape drills for kids and drowning safety at the popular Hagg Lake. We maintain two personal floatation device loaner kiosks at this lake.

I am the Public Education/Information Officer for Hillsboro Fire and Rescue. I've been in the fire service for 12 years and had a 24 year career in the media before that. My current job is the best job I have ever had by far! I look forward to continuing the important job of ensuring safety among Oregon's kids during 2012.

**Upcoming Opportunities**

**Webinar: Safe Kids Cooking Safety**



On **Thursday, December 15** at 2:00 p.m. Eastern

Standard Time (11:00 a.m. PST), Safe Kids USA will be holding a webinar on cooking safety. In partnership with the United States Fire Administration, Safe Kids has developed a cooking safety program that teaches parents and caregivers how to prevent cooking fires, burns and scalds to those in their homes, especially children

To learn more about how to conduct cooking safety education in your community, please register in advance for this webinar at:

<https://www1.gotomeeting.com/register/336238272>



**Save the Date**

On **Thursday, January 26<sup>th</sup>**, Doernbecher

Children's Hospital will launch a Childhood Injury Prevention webinar series in partnership with Safe Kids Oregon.

This first webinar will focus on Poison Prevention and Concussion Prevention.

The webinar will be free and more registration information will be coming soon!



**Safe Kids Partner Profile –**  
**Portland Fire & Rescue**



The mission of Portland Fire & Rescue is to aggressively and safely protect life, property, and the environment. Portland Fire has been a key partner to Safe Kids Oregon and Safe Kids Portland Metro over many years and, among other unintentional injury prevention programs, have helped to teach Oregon's children about fire safety in fun and interactive ways.

Don Porth, a recently retired Public Education Officer/Youth Firesetting Intervention Specialist with the Portland Fire & Rescue, has specifically made many achievements in the area of unintentional injury prevention. Don was instrumental in re-purposing the Portland Fire Bureau's Belmont Station into the **Historic Belmont Firehouse Safety Learning Center & Fire Museum**. You can visit the firehouse on the 2<sup>nd</sup> Saturday of each month from 10 AM to 3 PM (excluding July, August, and December) at **900 SE 35th Avenue (at Belmont) Portland, OR 97214**. It houses some grand antique firefighting equipment and materials and features lots of injury prevention information. To schedule events, tours, and visits at other times please call 503-823-3615.

## 'Tis the Season for Giving Back – Car Seats for Oregon Families

Just in time for the holiday season, ACTS (Alliance for Community Traffic Safety) Oregon has introduced a new fundraising campaign that will benefit communities in Oregon. The campaign will provide funds to purchase car seats for low income families and, if ACTS Oregon makes their goal of raising \$4,000 from 50 donors by Dec. 31, 11:59 EST, they will be entitled to a permanent space on the Global Giving website. This will give ACTS Oregon more opportunity to raise funds to support CPS (Child Passenger Safety) Programs in the future.

If you are considering making a donation, please go to the following website: <http://www.globalgiving.org/projects/car-seats-for-oregon-families/>. Once you make a donation, you will receive a letter via email from Global Giving to use as a tax write off. Thank you for all you do in your CPS community to keep children safe on Oregon roadways!



## December Health Focus: Carbon Monoxide Safety



With the arrival of the holiday season comes the arrival of colder weather, as well as an increase in the number of fuel-burning appliances being used in the home. These appliances include ovens, space heaters, generators, indoor grills and fireplaces, and they can cause dangerous levels of CO (carbon monoxide) to build up in the home.

Families today are better at understanding the importance of having working smoke alarms in every sleeping area, but what about carbon monoxide alarms? Carbon monoxide is dangerous because it is odorless, invisible, and it can kill. CO can make a child seriously ill in small doses that might not noticeably affect an adult. According to a study from 2004-2006, children younger than 5 years old have the highest estimated rate of CO-related visits to the emergency room each year among all age groups in the U.S. More than 25 kids die from CO poisoning every year.

### **Important safety tips to protect families from CO poisoning:**

- Prevent CO buildup in the first place - make sure heating appliances are in good working order and used only in well-ventilated areas.
- Don't run a car engine in the garage, even to warm it up; move the car outside first.
- Install a CO alarm outside every sleeping area, on every level of your home and at least 15 feet away from every fuel-burning appliance. CO alarms are available at hardware stores for about \$20.
- When you check your smoke alarm batteries each month, check the batteries on your CO alarms at the same time – and replace the batteries twice a year.
- Never use a stove for heating.
- Have all gas, oil or coal burning appliances inspected by a technician every year.
- If a CO leak is suspected, open windows to allow fresh air into the home. If someone who has been in a poorly ventilated room with a fuel-burning appliance exhibits symptoms including headache, fatigue, nausea, vomiting, or confusion, move the victim to fresh air and call 911.

The Centers for Disease Control recently released a CO Poisoning Prevention Toolkit, which contains educational and media materials to help spread awareness of CO poisoning. To download the toolkit, go to:

[http://www.nphic.org/news/newsletters/cat\\_view/66-emergency-communications/101-carbon-monoxide/510-cdc-carbon-monoxide-poisoning-prevention-toolkit](http://www.nphic.org/news/newsletters/cat_view/66-emergency-communications/101-carbon-monoxide/510-cdc-carbon-monoxide-poisoning-prevention-toolkit)



# 2011 Safe Kids USA Conference



This year's Safe Kids USA Conference was on November 6-9, 2011 in Charlotte, NC. Thank you to all our Oregon coalition members who were able to attend and make the conference a success! Representatives from Safe Kids Oregon (Tam Peterson), Safe Kids North Coast (Tara Constantine), Safe Kids Portland Metro (Lucie Drum), Safe Kids Rogue Valley (Shay Champion) and Safe Kids Willamette Valley (Kelly Owen) were all in attendance.

The conference provided up-to-date research and trends in childhood injury prevention, innovative programs, and skills and strategies to enhance outreach in our communities. Final conference PowerPoint presentations and handouts are now available at:

<http://www.safekids.org/conference/powerpoints/>

**A special thank you goes to Lucie Drum for giving the State of Oregon's pediatric window falls presentation at the conference!**



(From left to right) Kelly Owen, Tara Constantine, Lucie Drum & Shay Champion at the SK USA conference in North Carolina.

Safe Kids Oregon is housed in the Oregon Public Health Division's Injury Prevention & Epidemiology Section.



800 NE Oregon St., Suite 772  
Portland, OR 97232  
[www.safekidsoregon.org](http://www.safekidsoregon.org) or <http://usa.safekids.org>

Safe Kids Oregon encourages readers to share their news with us. If you have an issue you would like to see covered in the statewide Safe Kids newsletter, or if you know of an article, event, or other item of interest, we would like to hear from you.

### Contacts:

Adrienne Greene, MPA  
Director  
971-673-1001  
email: [adrienne.j.greene@state.or.us](mailto:adrienne.j.greene@state.or.us)

Tam Peterson, MPH  
Health Educator  
971-673-0968  
email: [tamara.g.peterson@state.or.us](mailto:tamara.g.peterson@state.or.us)

Fax: 971-673-0990

## -Safety Observance Calendar-

December 2011 is:  
Safe Toys & Gifts  
Month

<http://www.preventblindness.org/safe-toy-checklist>



March 2012 is:  
Brain Injury Awareness  
Week

<http://www.biausa.org>



February 5-11,  
2012  
National Burn  
Awareness  
Week

<http://www.ameriburn.org/Prevention.htm>

March 18-24, 2012  
National Poison  
Prevention Week



<http://poisonprevention.org/poison.htm>

## -Upcoming Conferences-



International Boating &  
Water Safety Summit  
March 4-7, 2012  
San Diego, CA

<http://www.watersafetycongress.org/ibwss.shtml>



Fire & Life Safety  
Conference of the Rockies  
April 18-20, 2012  
Estes Park, CO

<http://www.firesafetyeducators.org/conference.html>