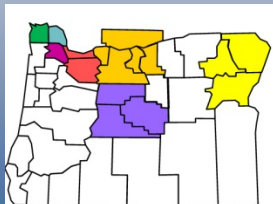


MISSION STATEMENT:

"Working Together to Reduce Unintentional Preventable Injury and Death in Oregon's Children Ages 0 – 19."



Summer 2015

Safe Kids Oregon

News From Around the State

Inside

Injury and Violence Across Life Stages – Latest DataP. 2

Recovery from Sport-Related ConcussionsP. 3

New Traffic Facts ReportP. 3

Child Passenger Safety Training...P. 3

Walk & Bike Challenge.....P. 4

Observation Calendar.....P. 4

Upcoming Conferences.....P. 4

Cherry Festival in The Dalles

The Dalles NW Cherry Festival in April included a parade, family-friendly activities and events over 3 days . Safe Kids Columbia Gorge (SKCG) participated in the safety fair with the OR Dept. of Forestry, U.S. Forest Service, 911 Communication & Emergency Management, Search & Rescue, Wasco Co. Public Health, Dallesport Fire Department, and City of The Dalles Public Works.



Safe Kids Columbia Gorge was super busy with families asking car seat questions, checking height with the 4'9" bar, and being buckled into the demonstration seat to show correct seatbelt, booster and car seat use. Many kids, ages 8-12, were encouraged to return to using a booster seat since they still did not fit correctly into the adult seat belt.



Seaside Safety Fair

Safe Kids North Coast was excited to host a car seat checkup event in coordination with the Seaside Safety Fair on May 16th. A total of 17 car seats were checked and 5 new car seats were provided to families. CPS Technicians participating included Andrea Toombs, Michael Sahlberg, Lorna Brandt and Dan Dennis, with support from Joyce Rengila. Dan came from Tillamook to help with this event.



This annual event is hosted by Seaside Police and includes booths promoting ambulance, fire, pedestrian, poison, and water safety. There was also a bike rodeo and a chance to win a bike.

Meeting with Safe Kids NE Oregon

Ruth Harshfield was pleased to attend the Safe Kids NE Oregon meeting on June 16th. It was great to meet Sheriff Boyd Rasmussen who has supported the Union County Sheriff's Office as the lead organization for the Coalition. Baker, Union and Wallowa County representatives were present to work on planning for the coming year and share information on current activities.

Billie-Jo Deal and Shari Shaffer brought the new Safe Kids van to showoff. The van is now available for coalition members to use for car seat checkup events and other safety efforts.



VISION

"Injury Prevention as Every Oregonian's Approach to Life."

Injury and Violence Across Life Stages – Latest Data

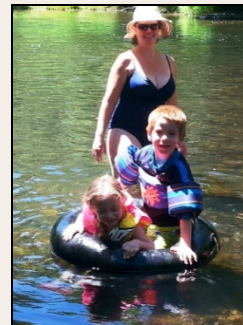
Healthy People 2020*

Office of Disease Prevention and Health Promotion

Injury and violence are pressing public health concerns at every stage of life. While older adults and children are most vulnerable to an injury that requires medical attention, Americans of all ages are susceptible to injury and violence.

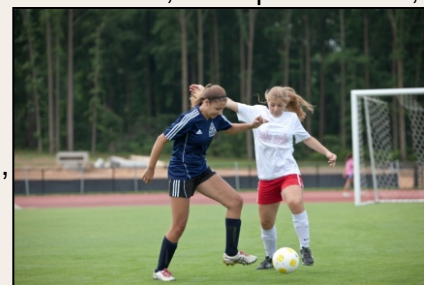
Children

- Injuries resulting from motor vehicle crashes are the leading cause of death for children age 0 to 19.¹
- Each year, approximately 2.8 million children go to the hospital emergency department for injuries caused by falling.¹
- Suffocation is the leading cause of injury death for infants age 1 and younger, and drowning is the leading cause of injury death for children age 1 to 4.¹
- A history of exposure to adverse experiences in childhood, including exposure to violence and maltreatment, is associated with health risk behaviors such as smoking, alcohol and drug use, and risky sexual behavior, as well as obesity, diabetes, sexually transmitted diseases, attempted suicide, and other health problems.²



Adolescents and Young Adults

- Approximately 72% of all deaths among adolescents age 10 to 24 are attributed to injuries from 4 causes: motor vehicle crashes (30%), all other unintentional injuries (15%), homicide (15%), and suicide (12%).³
- More than 1 million serious sports-related injuries occur each year among adolescents age 10 to 17.³



To learn more about the Health People Injury Prevention Objectives visit

<http://healthypeople.gov/2020/topics-objectives/topic/injury-and-violence-prevention/objectives>

References

1. Borse NN, Gilchrist J, Dellinger AM, et al. CDC Childhood Injury Report: Patterns of Unintentional Injuries Among 0 to 19 Year Olds in the United States, 2000–2006. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention; 2008. Available from: <http://cdc.gov/safechild/images/CDC-childhoodinjury.pdf> [PDF - 2MB]
2. National Prevention Council, Office of the Surgeon General, U.S. Department of Health and Human Services. National Prevention Strategy. Washington, DC: 2011. Available from <http://surgeongeneral.gov/initiatives/prevention/strategy/report.pdf> [PDF - 4.67MB]
3. National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention. Healthy Youth: Injury and Violence. Atlanta, GA: 2010. Available from <http://cdc.gov/healthyyouth/injury>

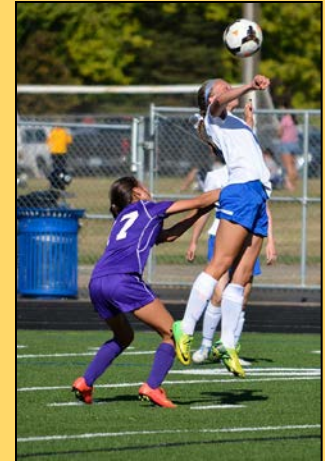
*Healthy People is a set of goals and objectives with 10-year targets designed to guide national health promotion and disease prevention efforts to improve the health of all people in the United States. Released by the U.S. Department of Health and Human Services each decade, Healthy People reflects the idea that setting objectives and providing science-based benchmarks to track and monitor progress can motivate and focus action. Injury and Violence Prevention is one of forty-two topic areas.



Recovery from Sports-Related Concussions

Many efforts are in place to prevent concussions to youth who play sports. However, each year in Oregon, approximately 1,000 high school athletes suffer at least one concussion (brain injury). A recent study looked at the time it takes children ages 8 – 17 to recover from a sports related concussion. A total of 198 patients aged 8 to 17 years were included, with a mean age of 13.5 years (SD = 2.2).

- Patients aged 8 to 12 years were symptom-free in a median of 12.0 (range 1-60) days whereas 13- to 17-year olds were symptom-free in a median of 14.0 (range 1-300) days (P = .04).
- Patients aged 8 to 12 years returned to learn in a median of 4.0 (range 0-30) days compared with 2.5 (range 0-55.0) days in 13- to 17-year-olds (P = .86).
- Patients aged 8 to 12 years returned to play in a median of 14.0 (range 4-75) days compared with a median of 19.5 (range 5-75) days in 13- to 17-year-olds (P = .06).



These results indicate that children and adolescents generally take 2 to 4 weeks to recover from a sport-related concussion.

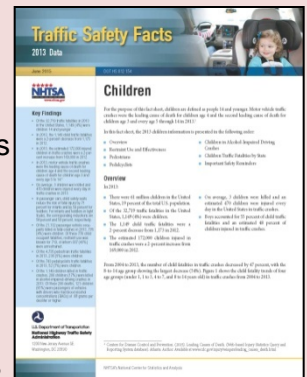
[Patterns of Recovery Following Sport-Related Concussion in Children and Adolescents](#) from Clinical Pediatrics, Sage Journals

New Traffic Facts Report

[The Children in Crashes Traffic Facts report](#) (DOT HS 812 154) from NHTSA's National Center for Statistics and Analysis includes 2013 crash data and describes findings related to children.

Key findings include:

- Of the 32,719 traffic fatalities in 2013 in the United States, 1,149 (4%) were children 14 and younger.
- In 2013, the 1,149 child traffic fatalities were a 2% decrease from 1,173 in 2012.
- In 2013, the estimated 172,000 injured children in traffic crashes were a 2% increase from 169,000 in 2012.
- In 2013, motor vehicle traffic crashes were the leading cause of death for children age 4 and the second leading cause of death for children age 3 and for every age 5 to 14.
- On average, 3 children were killed and 470 children were injured every day in traffic crashes in 2013.
- In passenger cars, child safety seats reduce the risk of fatal injury by 71 percent for infants and by 54 percent for toddlers. For infants and toddlers in light trucks, the corresponding reductions are 58 percent and 59 percent, respectively.



Child Passenger Safety (CPS) Training

CPS Technician Certification Courses – Classes for 2015-2016 are being scheduled. To view the upcoming schedule of classes, visit <http://cert.safekids.org/> in the fall.

Training for CPS Technicians

KIDZ IN MOTION Update - 6 CEU credits, FREE

August 31, 2015

ODOT Maintenance Facility, Baker City

For class times, agenda and to register contact Tammy Franks at tfranks@lhs.org



Walk+Bike Challenge

This May over 175 Oregon schools joined together to walk and bike during the Walk+Bike Challenge and logged over 36,000 active trips to school.

Thank you to all the kids who walked and biked and to all the parents, teachers, principals, and volunteers that made it possible. You're contributing to an active and healthy community and deserve a HIGH FIVE!

Congratulations to the Oregon Walk+Bike Challenge Winners...

Danielle Harris, Gilbert Heights Elementary, Region #1
 Jennifer Bohannon, Jefferson Elementary, Region #2
 Shannon Reed, Central Point Elementary, Region #3
 Benjamin Baxter, High Lakes Elementary, Region #4

Each of these schools received a 20 person Chipotle Catering Gift Card to celebrate their success in encouraging an active, healthy community!

Walk+Bike to School Day will be October 7, 2015!

For information and support in hosting a Walk & Bike To School Day event visit: Oregon Safe Routes to Schools.



Safe Kids Oregon is housed in the Oregon Public Health Division's Injury and Violence Prevention Program.



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<http://safekidsoregon.org>

Safe Kids Oregon encourages readers to share their news. If you have an issue you would like to see covered in the statewide Safe Kids newsletter, or if you know of an article, event, or other item of interest, we would like to hear from you.

Contact:

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Safety Observance Calendar

National Immunization Awareness Month
 August 1 - 31



Drive Sober or Get Pulled Over
 August 19 – September 7



National Stop on Red Week
 August 3 – 9



Upcoming Conferences

2015 Safe Kids Worldwide Prevention Convention
 July 29 – August 2



2015 Kidz in Motion
 August 12 - 15

Closing the Hunger Gap:
 Cultivating Food Justice
 September 13 – 19
 Portland, OR

