Bicycle/Wheeled Sports Safety

In Safe Kids Union County, Luke Bundren and Cove School District applied for and received a mini-grant through ACTS Oregon. With these funds, they wrote a Safe Routes to School action plan and educated the School District about pedestrian/bicycle safety. In October, Luke participated in the National Walk to School Day and involved approximately 145 school kids.

In May, Luke worked with teachers to schedule a bike rodeo for National Bike to School Day. Approximately 150 3rd-8th grade students participated. Each student had their helmet checked and, if needing replaced with a new helmet. The local bike shop, Mt. Works, checked the bicycles to make sure they were safe. Union County Sheriff's Deputy Tony Humphries instructed students on the "Rules of the Road" before they were allowed to go through six different stations, ranging from bicycle handling to the obstacle course finale.

"It's cool to see all the kids wearing helmets in Cove. This is the first time they have ever had a bike rodeo and they have no excuse not to wear a helmet now", Luke Bundren said.

This project also created awareness of the unsafe school crossing. Luke did a presentation to all the elementary kids on pedestrian safety following a near miss that was caught on video. The video showed a parent stopping in the crosswalk in a high lift pickup, thinking it was safe to let his kids out. The vehicle behind him started to go around and, not seeing the kids, almost hit them. ODOT is now going to move the crosswalk so it is safer. Well done, Luke!

Child Passenger Safety

Safe Kids Columbia County thanks Natalie Otero for all she has done as their Car Safety Seat Coordinator. Her commitment to all aspects of the job has been both admirable and inspiring. Natalie, who is leaving in June, will continue with the Coalition as a Senior Checker. She has strengthened the coalition’s infrastructure and has brought a positive attitude to the program. Big thanks also go to Ruth Harshfield and Tam Peterson. With their guidance, Columbia County has been able to sustain vital CPS services, welcome new partners and secure new funding.
Drowning Prevention

Thanks to **Safe Kids Washington County**, Visitors to Hagg Lake once again have life jackets to borrow for their children who plan to swim in the cool water this summer. PFDs (Personal Floatation Devices) are available at two locations: the Sain Creek Picnic Area and the Boat Ramp and Recreation Area C.

The life-jacket stations were created as an Eagle Scout project by Kyle Giesbers. Kyle worked on the project for two months after being approached by Safe Kids Washington County (at the time, part of Safe Kids Portland Metro).

Volunteers from Gaston Fire maintain the two life-jacket loaner stations. Both stations operate on the honor system and contain several sizes of jackets.

**Safe Kids Columbia Gorge** has also been busy with its PFD program! The coalition recently had 2 more kiosks installed at The Dalles Marina and at Riverfront Park. The Deschutes kiosk was also recently painted.

Community Outreach

Over 860 4th-6th graders took part in **Safe Kids Union County’s** annual Safety Fun Fair held during Safe Kids Week in April. The students were able to attend four different stations: Bullying Prevention, Drug and Alcohol Prevention, ATV/Dirt Bike Safety and Sports Safety. One 4th grade teacher said "Thanks again for this great opportunity to help educate our children about safety issues. I don’t think we can say enough."

After two very exhausting, rewarding and fun-filled days with over 25 volunteers from SK Union County, they are now planning for next year’s safety fun fair for 1st-3rd graders.

**SK Coordinator Focus**

**Welcome to Eric Blankenship and Andrew Traut**

Safe Kids Oregon is excited to announce two new co-coordinators for Central Oregon and we would like to take this opportunity for them to introduce themselves...

**Eric:** My family moved to Bend 5 years ago from Seattle to get out of the rain and closer to outdoor recreation. I’ve been an ER Nurse for about 8 years and recently completed my Masters of Public Health.

I serve as the Trauma Program Manager at St. Charles Medical Center here in Bend, where I oversee the care of injured patients. I see the effects of various types of injuries every day, which inspires me to seek out new methods of injury prevention within my community.

My wife and I have two amazing young boys who are both very energetic and active. I feel that the duties that I perform with Safe Kids are simply an extension of the care and protection that I provide for my little guys at home.

**Andrew:** I grew up outside of Atlanta, GA and began my work with youth safety while obtaining my B.S. Ed. in Exercise and Sport Science with an emphasis in athletic training at the University of Georgia. After living in Atlanta, I continued my education at the University of Oregon, getting an M.S. in human physiology.

I currently work for The Center Foundation as co-coordinator of Safe Kids Central Oregon, coordinator of the ThinkFirst brain and spinal cord injury prevention program, and athletic trainer. As an athletic trainer, it is my job to prevent, manage, treat, and rehabilitate injuries or other health problems related to physical activity. With this specialty, I have gotten the opportunity to care for many kids and young athletes.

When not working, I enjoy getting outside and taking advantage of all that central Oregon has to offer. My personal favorites are fly-fishing, snowboarding, and hiking or trail running. I study and practice several martial arts, and read whatever I can get my hands on!

**Safe Kids Columbia Gorge**

A child trying on a PFD at one of the SK Columbia Gorge kiosks.
June Health Focus: Grilling Safety

There is no better time to start thinking about cooking outside than when the weather starts to warm up and it stays light outside longer. While grilling can be a great alternative to cooking inside, did you know that almost 60% of all grill fires on residential properties occur in the summer? These fires, that can damage property and cause injury and even death, are preventable.

Follow these tips to make sure you keep you and your family safe when grilling this summer:

• Grills should only be used outdoors and at least 10 feet away from a house or any building.
• Do not use the grill in a garage, breezeway, carport, porch, or under a surface that can catch fire.
• The grill should be placed well away from deck railings and out from under eaves and overhanging branches.
• Keep children and pets away from the grill area by declaring a 3-foot "kid-free" safety zone around the grill.
• Grills should be kept clean by removing grease or fat buildup from the grill itself and in the trays below the grill.
• Never leave a grill unattended.
• Keep lit cigarettes, matches, or open flames away from the grill.

For more grilling tips, go to: http://www.safekids.org/safety-basics/safety-spotlight/grilling-safety/

Helmet Replacement and Education Partnership Launches

CDC’s Heads Up program joined with multiple sports entities and equipment manufacturers (see list below) to launch a youth football safety and helmet replacement program for youth in underserved communities. The effort is expected to educate thousands of youth football coaches on vital health and safety issues, including concussion, and provide nearly 13,000 new helmets to youth football players in low-income communities beginning in July 2012.

To help get concussion information into the hands of coaches, CDC’s Heads Up concussion resources have been incorporated throughout the program. The helmet replacement and education program is currently being piloted in four markets: the California Bay Area, Gulf Coast region, Northern Ohio, and the tri-state region around New York City.

Partners:

- NFL
- NFL Players Association
- USA Football
- Centers for Disease Control and Prevention (CDC)
- National Athletic Equipment Reconditioners Association (NAERA)
- NCAA
- National Operating Committee on Standards for Athletic Equipment (NOCSAE)
- Sporting Goods Manufacturers Association (SGMA)
- Equipment manufactures Rawlings, Riddell, Schutt and Xenith

Learn more about the helmet replacement program at http://www.usafootball.com/playersafety. For CDC educational materials, go to http://www.cdc.gov/concussion/.
Safe Kids Oregon is housed in the Oregon Public Health Division’s Injury Prevention & Epidemiology Section.

Recently, ORH has partnered closely with Safe Kids Oregon to provide a series of Child Injury Prevention webinars to professionals and volunteers in injury prevention. The webinars have been valuable opportunities for people to learn from experienced injury prevention professionals. We hope to continue working with the ORH in the future in order to reach the more rural areas in Oregon that are not currently being served by local Safe Kids coalitions.

Safe Kids Partner Profile – Oregon Office of Rural Health

The mission of the Oregon Office of Rural Health (ORH) is to improve the quality, availability, and accessibility of health care for rural Oregonians.

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Safe Kids Says Thanks, Tam!

Please join us in thanking Tam Peterson for 4 years of outstanding work with Safe Kids Oregon! Tam worked 2 days a week with Safe Kids as the lead on SK Buckle Up, the newsletters and annual reports. She also assisted with hundreds of other tasks and volunteered at safety seat clinics.

Tam’s other position as the AWARE coordinator required her to go full time in May. Fortunately, she’s just down the hall and can be reached at 971-673-0968 or tamara.g.peterson@state.or.us.

-Safety Observance Calendar-

June is:
Fireworks Safety Month
http://www.preventblindness.org/

-and-
Home Safety Month
http://www.mysafehome.org/

-and-
National Safety Month
http://www.nsc.org/

June 20
National ASK Day – Preventing Gun Violence
http://www.cpyv.org/programs/ask/

August is:
Back To School Safety Month

-Upcoming Conferences-

Lifesavers National Conference
June 14-16, 2012
Orlando, FL
www.lifesaversconference.org

KIM (Kids in Motion) Conference
August 16-18, 2012
Orlando, FL
http://www.kidzinmotion.org